

The NYS Standard for Protection against Ionizing Radiation (Part 16.6(h)) requires that the dose to an embryo/fetus during the entire pregnancy of a declared pregnant woman not exceed 5 mSv (0.5 rem) due to occupational exposures.

This limit is one-tenth the annual limit for occupational exposure. To benefit from this limit, it is required that female employees formally notify the employer of pregnancy in writing.

Please complete the section below and return to the Environmental Health and Safety Office if you choose to make this voluntary notification. Pregnant women will be supplied with their own dosimetry badge that must be worn at all times when working in radiation areas.

Otherwise, please indicate that you have reviewed this information by completing the last section and return to the Environmental Health and Safety Office.

I understand that it is the fundamental responsibility of the pregnant worker to decide when or whether she will formally declare her pregnancy to her employer. I hereby choose to make this formal notification.

Signature: _____

Date:

Name (please print): _____

Expected delivery date: _____

ID Number for Dosimetry Badge (Optional): _____

I have reviewed a copy of the [NRC Guide 8.13 \(Instruction Concerning Prenatal Radiation Exposure\)](#) and the Binghamton University Radiation Safety Manual.