



Grant Funding

External Active

06/17/2021- BAA AFRL-RQKHC-2016-0009
06/16/2024 Department of Defense. Military Operational Medicine Research Program
- *at-risk military couples: A stepped approach to early intervention and strengthening of military families*
The goal of this grant is to adapt, implement, and evaluate a stepped, military couple relationship-skills intervention within an entry-level military training context.
Role: Co-Investigator (\$1,196,459) - \$38,368 Total Costs to Binghamton University

Internal Active

03/01/2023- Binghamton University Psychology Department Grant
02/28/2024 *Lesbian, Gay, and Bisexual+ Couple Stress Study*
The goal of this research award is to support a pilot project examining acute physiological reactivity and recovery to minority stress experiences for couples with marginalized sexual identities.
Role: Primary Investigator (\$6,269)

Concluded External

07/01/2018- BA150488 (PI: Cigrang)
06/30/2022 Department of Defense. Army Medical Research and Materiel Rese

-armor -risk military couples: A prospective study of committed romantic relationships in transition to their first permanent duty station
 The goal of this project is to improve our understanding of the longitudinal course of young couples in their first military enlistment and develop a screening mechanism that effectively identifies couples in entry-level training at risk for future negative outcomes.
 Role: Co-Investigator (\$1,052,000) - \$52,032 Total Costs to Binghamton University

9/25/2014-
6/15/2017 R44AA023719 (PI: Olsen)
 NIAAA
Virtual Role-Plays to Train Cognitive-Behavioral Treatment (CBT) for Addictions
 The goal of this project is to develop and evaluate a simulation-based product for training students and clinicians to develop the skills necessary to effectively apply Cognitive-Behavioral Treatment (CBT) with patients with substance use disorders (SUDs).
 Role: Expert Consultant (\$499,893)

06/01/12-
8/31/2013 2010-48696-21892 (PIs: Heyman and Smith Slep)
 USDA/Kansas State University/US AF A1S1
Unified Strategy of Action For Airman Resilience and Maintenance of Operational Readiness (USAF-ARMOR)
 The goal of this grant is to develop a comprehensive, community-based intervention for Airmen and their intimate partners.
 Role: Research Scientist

18. **Balderrama-Durbin, C.,** Vogt, D., Erbes, C., & Polusny, M. (2018). Psychometric evaluation of a measure of intimate partner communication during deployment. *Journal of Family Psychology, 32*, 31-41. <https://doi.org/10.1037/fam0000382>
19. **Balderrama-Durbin, C.,** Butler, S.*, & Wang, B. A.* (2018). Quid Pro Quo in Social Exchange Theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer.

28. Heyman, R. E., Slep, A. M. S., Sabathne, C., Erlanger, A. C. E., Hsu, T. T., Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, J. A., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015). Development of a multilevel prevention program for improved relationship functioning in active duty military members. *Military Medicine, 180*, 690-696. <https://doi.org/10.7205/MILMED-D-14-00491>
29. Antonelli, P., Dèttore, D., Lasagni, I., Miller, I., Snyder, D. K., & **Balderrama-Durbin, C.** (2014). Gay and lesbian couples in Italy: Comparisons with heterosexual couples. *Family Process, 53*, 702-716. <https://doi.org/10.1111/famp.12078>
30. Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D., **Balderrama Durbin, C.**, Heyman, R. E., & Slep, A. M. S. (2014). Intimate partner communication from the war zone: A prospective study of relationship functioning, communication frequency, and combat effectiveness. *Journal of Marital and Family Therapy, 40*, 332-343. <https://doi.org/10.1111/jmft.12043>
31. Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D. K., **Balderrama-Durbin, C.**, Heyman, R. E., & Slep, A. M. S. (2014). Impact of combat deployment on psychological and relationship health: A longitudinal study. *Journal of Traumatic Stress, 27*, 58-65. <https://doi.org/10.1002/jts.21890>
32. Fissette, C. L., Snyder, D. K., **Balderrama-Durbin, C.**, Balsis, S., Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. E., & Slep, A. M. S. (2014). Assessing posttraumatic stress in military service members: Improving efficiency and accuracy. *Psychological Assessment, 26*, 1-7. <https://doi.org/10.1037/a0034315>
33. **Balderrama-Durbin, C.** (2013). Our time to serve: Treating the newest generation of military service members. *Psychotherapy Bulletin, 48*, 21-24.
34. Talcott, G. W., Cigrang, J., Sherrill-Mittleman, D., Snyder, D. K., Baker, M., Tatum, J., Cassidy, D., Sonnek, S., **Balderrama-Durbin, C.**, Klesges, R. C., Ebbert, J. O., Slep, A. M. S., & Heyman, R. E. (2013). Tobacco use during deployment. *Nicotine & Tobacco Research, 15*, 1348-1354. <https://doi.org/10.1093/ntr/nts267>

38. Snyder, D. K.

4. **Balderrama-Durbin, C.** (2023, April). *I m tired, you re tired, yet we have an important job to do* Invited keynote address for the Care Compass Network event on Managing Compassion Fatigue.
5. In E. Georgia Salivar, & M. K. Roddy (Co-Chairs), **C. Balderrama-Durbin** (Discussant) (2022

27. **Balderrama-Durbin, C., & Scott, S.** (Co-chairs.) (2015, November). *Mechanisms of change in relationship interventio*

34. Snyder, D. K., & **Balderrama-Durbin, C.** (Co-chairs.) (2010, June). *Cross-national approaches to evidence-based couple assessment*. Paper presented at the meeting of the World Congress of Behavioral and Cognitive Therapies, Boston.

Conference Posters

* indicates Dr. Balderrama-Du graduate trainee

** indicates Dr. Balderrama-Du undergraduate trainee

1. Order, D.**, Roth, H.**, Gates, M.*, Ergas, D.*, & Balderrama-Durbin, C. (2023, June). *Effects of partner support and LGBT connectedness on the association between heterosexist experiences and stress related growth*. Poster accepted at the Association for Behavioral and Cognitive Therapies Student Symposium, virtual conference.
2. Hill, J. E.*, Poole, L.**, Quigley, J.**, Gates, M. V.*, & **Balderrama-Durbin, C.** (2023, May). *Support behaviors elicited within romantic couples following a laboratory acute stress induction*. Poster accepted at the International Association for Relationship Research, Phoenix, AZ.
3. Gance, A. K.**, Levin, V. P.**, Wang, X.**, Barden, E. P.*, & **Balderrama-Durbin, C.** (2022, November). *Effects of dyadic trust on relationship disclosure avoidance in individuals with a history of trauma*. Poster accepted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
4. Barden, E. P.*, Gates, M. V.*, & **Balderrama-Durbin, C.** (2022, November). *The role of emotion regulation in the association among co-occurring posttraumatic stress symptoms, alcohol use, and relationship distress in trauma exposed individuals*. Poster accepted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
5. Gates, M. V.*, Barden, E. P.*, Ergas, D.*, Mattson, R. E., Young, S. R., Massey, S. G., & **Bal**

27. **Balderrama-Durbin, C.**, Persad, L.*, Snyder, D. K., & Balsis, S. (2016, October). *Reading between the items: A closer examination of the assessment of intimate partner aggression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
28. Stanton, K., **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Talcott, G. W., Slep, A. M. S., & Heyman, R. E. (2016, October). *Infidelity across a year-long deployment: An examination of relationship and individual functioning risk factors*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
29. **Balderrama-Durbin, C.**, Balsis, S., Snyder, D. K., Harper, J., & Whisman, M. (2016, [REDACTED]) *married couples*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
30. Osborne, L. J., Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, J. A., Talcott, G. W., Slep, A. M. S., Heyman, R. E., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015, November). *Predictors of chronic pain and somatic functioning following a combat deployment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
31. Fissette, C., Snyder, D. K.,

2016-2022 Binghuang (A

Association for Behavioral and Cognitive Therapies

- Couples Research and Therapy Special Interests Group – Co-Leader (2018-2020)

Association for Psychological Science

International Society for Traumatic Stress Studies

Professional Service

Departmental

2023	Case Conference Presentation – <i>Saying the Quiet Part Out Loud</i> <i>Conducting Research within Systems of Oppression</i>
2021	Clinical Stats Lunch – Actor-Partner Interdependence Modeling
2018-current	Psychology Department Diversity Committee Member
2020	Search Committee, Psycholo

Community

- 2023 Care Compass Network keynote address at the Managing Compassion Fatigue event
I m tired, your tired, yet we have an important job to do.
- 2016-2020 Binghamton Fire Department Critical Incident Response Consulting

National

- 2018-2020 Co-Leader, ABCT Couples Research and Therapy Special Interests Group (elected 2018-2020 term)
- 2018, 2019 Association for Behavioral and Cognitive Therapies Program Committee Reviewer
- 2019-2020 Congressman Brindisi’s Veterans Advisory Committee member

Grant Panel Reviews

- 2020 U.S. Army Medical Research and Development Command, Clinical Trial peer review panel member

Editorial

- 2023-2024 Invited to the editorial board – *Journal of Family Psychology*
- 2019-current Editorial advisory board member – *Family Process* (2019-2022 term)
- 2019-current Editorial board member – *Couple and Family Psychology: Research and Practice*

- Ad hoc reviewer –
- American Journal of Orthopsychiatry*
 - Assessment*
 - Emotion*
 - Journal of Affective Disorders*
 - Journal of Anxiety Disorders*
 - Journal of Clinical Psychology in Medical Settings*
 - Journal of Family Psychology*
 - Journal of Family Issues*
 - Journal of Marriage and Family*
 - Journal of Marital and Family Therapy*
 - Journal of Military, Veteran, and Family Health*
 - Journal of Personality Assessment*
 - Journal of Traumatic Stress*
 - Military Behavioral Health*
 - Military Psychology*
 - Nicotine & Tobacco Research*
 - Psychiatric Services*
 - Psychological As*

Stress and Health
Spanish Journal of Psychology

Media Releases

Madison County Courier; New York Congressman Brindisi's Suicide Prevention Coordinators Act <https://madisoncountycourier.com/?p=110430>